

African
Ana CAMARA
 Th : 8pm ●
 Sa : 3.30pm ■
 Su : 12.30pm all

CORA
 Th : 8.30pm all
 Sa : 2pm all (+ Teens)

MAÏMOUNA
 Booty Therapy@/Urban Afro/Twerk
 We : 8.30pm all (+ Teens)

Afro-Jazz

Kathy MANYONGO
 Fr : 7pm all

Afro-Cuban

Daniela GIACONE
 Sa : 1pm all

Modern Afro-Brazilian

Jean-Michel FRENEA
 Eneida Castro's method
 Tu : 8pm all

Indian Dance

MANJULA
 06.47.88.90.47
 Sa 11.30am all Bharatanatyam
 6pm ● Bollywood

Balinese Dance

Ilse PERALTA
 Sa : 5pm all dance + yoga

Qi Gong

Laurence CORTADELLAS
 diploma of FAEQG
 We : 1pm all GiGong NeiGong Meditation
 Th : 1pm all GiGong NeiGong Meditation

Functional Integration ®

Dada OTTONELLO
 Senior Feldenkrais teacher
 private classes by Apt 06 84 86 73 09
 Traumas / pains / coaching artists

Flamenco

Patricio MARTIN
 cours-de flamenco.fr
 Mo : 12.30pm ■ 1 7pm ● (1h)
 Tu : 3pm ■ 1 4.30pm ■ 2▲
 We : 7pm ● 8pm ■ 1
 Th : 2pm ● 3pm ■ 1
 Sa : 3.30pm ■ 1 4.30pm ■ 2▲
 Su : 2pm ● 3pm ■ 1 4.30pm ■ 2▲

Belly Dancing

Leila HADDAD 06 86 08 68 75
 www.leilahaddad.com
 Tu : 12.30pm ■
 Th : 7pm ■▲
 Fr : 7pm ●

Fatima CHEKKOR 06 20 16 32 71
 We : 6.30pm ●■ 7.30pm ■▲
 Su : 12.30pm ●■ (2h)

ZIZOU Egyptian Dance
 06 60 85 22 93
 Sa : 5.30pm ●■ 7pm ■▲

Yoga

Dominique CHERER Hatha-Yoga
 Tu : 6pm all
 Su : 10.30am all

Chris LAURION Vinyasa-Yoga
 www.yoga.paris-danse.com
 Mo : 11am all
 Tu : 7.30pm dynamic
 Sa : 1.30pm Basic yoga

Magda CARRERA 06 23 29 78 74
 Ashtanga dynamic
 Mo : 12.30pm all
 Th : 7.30pm all

Aloys BERDOLL Hatha-Yoga
 www.yogalloys.com
 Tu : 12.30pm all
 Th : 7pm all
 Sa : 10am all

Corinne VERDIÉ Hatha-Yoga
 Tu : 7.30pm all
 Su : 9am all

Jean TAMALET 06 10 87 34 67
 Vinyasa-Yoga
 Tu : 12.30pm (1h)all
 Th : 12.30pm (1h) all
 Su : 6.30pm all

Marie-Rose POUJARDIEU
 www.yogaparisreiki.com
 Hatha-Yoga and Tibetan Bowls
 We : 12.30pm all (1h)

Harmonic Gym

Jeanne JOLLY
 Irène Popard's method
 Tu : 11am all 7pm all

Gym 'n Stretch

Elisabeth FABLE
 Mo : 7.30pm all gym'n stretch
 Tu : 12.30pm all stretch
 We : 8.30pm all gym'n stretch

Muriel CHALON
 physiotherapist
 Sa : 10am all focus on back movements

Dana MUSSA
 www.ethnoballet.com
 Su : 12pm all stretching

Osteopathy

Elise VALLET 01 48 07 09 72
 by appointment /www.osteoparis11.com
 emergency, kids, adults, sports

Acting

Thierry BROUT
 06 64 71 93 47 Classic/Modern
 Tu : 8pm ● (2h)
 We : 7.30pm ▲ (2h)

Hervé-Claude ILIN 06 24 20 53 49
 Voice, Body, Classic, modern, Impro
 FRA-ENG-ESP-IT hcilin@hotmail.fr
 Mo : 8pm all (2h) Tu : 8pm all (2h)
 We : 8pm all (2h) Th : 8pm all (2h)

Nikola PARIENTY
 06 09 65 29 89
 acting/ presence on stage
 We : 7.30pm (3h)

Simon de GLINIASTY
 Théâtre/actor play /scenes
 06 15 94 22 65
 Su : 6pm all (2h) (+teens)

Vincianne REGATTIERI
 06.10.45.78.07
 body language/pulic speaking/voice
 impro/ moderne & classic scenes
 Mo : 8.30pm all (2h)
 Tu : 8.30pm all (2h)

Joseph LAURENT 06 14 14 89 95
 joseph_laurent@hotmail.com
 Theater / cinema, improv, articulat °/
 Project °, feelings / sincerity
 Th : 8pm ■▲(2h)(+teens from 16 years old)

Mime

Agnès DELACHAIR
 06.73.73.13.79
 Tu : 9.30am (3h) level1 ●
 Th : 9.30am (3h) level2 ▲

Piano private classes

Eric SABOURIN 03 86 54 41 66
 certified from Ecole Normale
 Wednesday/thursday by apt kids/ adults

Maria SILVESTRINI 06 64 02 42 49
 Conservatory G.Verdi of Milan
 piano lessons /singers musical support

Bruno BARBIER 06 51 14 38 46
 piano jazz, blues, latin, pop, rock
 musical support for all kind of singers

Guitar

Denis JANODY 06 84 21 66 90
 Wednesday/thursday by apt kids/ adults

Choir

Choir of pop music
Anne FREDERICK
Back in September 2019
 06 70 06 74 44

Caroline FABER and LANNA
 «CANTO DO MARAIS»
 Choir of Brazilian music
 Su : 6.30pm all 06 11 12 04 84

Mehdi BOURAYOU/Lauri LUPI
 «SI ON CHANTAIT»
 06 63 04 66 97/06 84 23 05 06
 Mo : 7.30pm-9.30pm all Jazz, Pop, Rock

Singing

Sélima AL KHALAF
 international pop music - world music
 pc by Apt 06 35 79 60 93
 Th : 7.30pm ● 8.30pm ●

Albert ASSAYAG 06 14 62 62 63
 international pop music/jazz
 monday & saturday by apt

Anne FREDERICK 06 70 06 74 44
 songs,public speaking,diction
Back in September 2019

Patricia SAMUEL
 06 09 59 40 01
 Opera and Musical Theater by Apt

Armande ALTAÏ 06 30 37 64 62
 Fr : 4pm -10pm ▲ 1st friday of the month
 Sa : 3pm to 5.30pm ●■

Jane GASMAN (USA)
 06 83 26 13 29
 Jazz, Blues, Rock and pop By Apt

Lydie DIAZ
 06 62 78 43 38/ Pop
 Tu : 7.30pm all
 Sa : 11.30am all

Nancy CARROLL(Montreal)
 06 99 17 39 91
 Soul/Pop By apt

Margitta ROSALES 06 99 17 39 91
 www.atelier.lyrique .com
 classic vocal tech/presence on stage
 all levels by apt

CENTRE DE DANSE MARAIS

2019 SCHEDULE

www.centrededansedumarais.fr

Membership is required to enter the Centre : 12 euros
 (membership starts on the purchase day for one year /non-refundable)
 (go to our website for member discounts)

*Class fee is payable directly to the teacher
 (average prices for dance classes)
 1 class : 20 euros
 4 classes : 70 euros
 8 classes : 110 euros
 12 classes : 155 euros

*PASS 5 classes for 5 different teachers :
 75 euros (available at the front desk)
 not for theater, singing, music classes and sunday workshops
 non-refundable

legend

beginner	●
beginner/inter	●■
intermediate	■
inter/advanced	■▲
advanced	▲
professional	★
all levels	all
pointes	P
pc	private classes

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 Subway Station : Hôtel de Ville/Rambuteau
 Front desk: centrededansedumarais@yahoo.fr